



&



# Invite you to our combined

ELTHAMSWIM DOLPHINS CHAMPIONSHIPS.

or ELTHAM SWIMMING SCHOOL CHAMPIONSHIPS

or AIDED EVENTS

## 3 SEPARATE COMPETITIONS IN 1

1. ESSDOLPHINS SHORT COURSE CHAMPIONSHIPS
2. ELTHAM SWIMMING SCHOOL SHORT COURSE CHAMPIONSHIPS
3. AIDED EVENTS

## WHEN

**SATURDAY 20TH APRIL**

12.15 PM ENTRY, 12.30 PM WARM UP  
RACING STARTS 1 PM

## WHERE

**WATERMARC** (1 Flintoff St, Greensborough)

## Racing will be Short Course

(meaning 25 metres)

(the same as our pool)

Note: We will have swimmers in to help less confident swimmers

- First, Second & Third place ribbons
- Participation ribbons
- Free Championship cap for ALL swimmers



## HOW DOES IT WORK?

For any swimmers who attend either

**ELTHAM SWIMMING SCHOOL**

OR **ARE MEMBERS OF OUR SWIMMING CLUB (ESSDOLPHINS)**

Please see page 2 for Events

**NOTE** Essdolphins swimmers can ONLY enter ESSDolphins Races

Eltham Swimming School swimmers can enter their Category.

Elthamswim Dolphins (only)		
Girls	Event	Boys
1	11 & Over 50 Butterfly	2
3	9 & 10 years 50 Butterfly	4
9	11 & Over 50 Breaststroke	10
11	9 & 10 years 50 Breaststroke	12
13	8/u 25 m Breaststroke	14
23	100 Individual Medley	24
27	8/u 25 m Butterfly	28
31	11/over. 100 metres Backstroke	32
33	9 & 10 years 50 Backstroke	34
35	8/u 25 m Backstroke	36
45	11/over 100 Butterfly	46
53	8/u 25 m Freestyle	54
55	9 & 10 years 50 Freestyle	56
57	11 & Over 100 Freestyle	58

Eltham Swimming School (only)		
Girls	Event	Boys
5	11 & Over 50 Butterfly	6
7	9 & 10 years 50 Butterfly	8
15	11 & Over 50 Breaststroke	16
17	9 & 10 years 50 Breaststroke	18
19	8/u 25 m Breaststroke	20
21	Aided Frontkick 25 metre	22
Note: - Swimmers doing "Aided" events can't do Other events		
25	100 Individual Medley	26
29	8/u 25 m Butterfly	30
37	11/over. 100 metres Backstroke	38
39	9 & 10 years 50 Backstroke	40
41	8/u 25 m Backstroke	42
43	Aided Backkick 25 metre	44
Note: - Swimmers doing "Aided" events can't do Other events		
47	9 & 10 years 50 Freestyle	48
49	11 & Over 100 Freestyle	50
51	8/u 25 m Freestyle	52

**ENTRIES  
CLOSE  
WED  
17 APRIL  
5 PM**

ENTRY LINK      [https://docs.google.com/forms/d/e/1FAIpQLSdrb\\_EPF0foIMAtNzQUvVTxAxJY8n6Efg9GiSudW0wuPblo9w/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdrb_EPF0foIMAtNzQUvVTxAxJY8n6Efg9GiSudW0wuPblo9w/viewform)

# INFORMATION PAGE

## TWO CHAMPIONSHIP COMPETITIONS IN ONE POOL CONFIGURATION - THE POOL WILL BE 25 METRES AGE AS AT 20th APRIL 2024

### Eltham Swimming School CHAMPIONSHIPS. (Right Hand Column in Page 2)

**This** championships is for all Swimmers, **except those registered with Swimming Victoria as Competitive Swimmers**

**Place** ribbons for each event & Age Group. **Free** Championship CAP for all swimmers

- Age groups may be combined for the efficient running of the swim meet but results will be in the 5 years & under, 6yo, 7yo, 8 yo etc.
- Swimmers can swim a maximum of 4 events.
- Points for championships are awarded for each swimmers best 3 events, as  
1st (10 Points), 2nd (8 Points), 3rd (7 points), 4th (6), 5th (6), 6th (4), 7th (3), 8th (2), 9th (1)

**AIDED RACES** Events 21, 22, 43 & 44. These events are an ENCOURAGEMENT event for swimmers who need a flotation aid. Aids (Either arm floats or Noodles will be supplied). Swimmers competing in these events cannot do the other events. Ribbons & Cap awarded.

**NOTE : ASSISTANT SWIMMERS WILL BE IN THE WATER TO ASSIST WHERE NEEDED**

Age Champions will be invited to a presentation to be Held at **ELTHAM SWIMMING SCHOOL** on Sunday 19th May (Approx 4 pm (TBA))

### Elthamswim Dolphins (ESS) CHAMPIONSHIPS (Left Hand Column in Page 2)

**For Swimmers registered as ESSDolphin Members with Swimming Victoria.**

Please note these swimmers must swim in this area of the competition

Age groups may be combined for the efficient running of the swim meet but results will be in the 5 years & under, 6yo, 7yo, 8 yo etc.

Swimmers can swim a maximum of 5 events.

Points for championships are awarded for each swimmers best 4 events, as

1st (10 Points), 2nd (8 Points), 3rd (7 points), 4th (6), 5th (6), 6th (4), 7th (3), 8th (2), 9th (1)

Age Champions will be invited to a presentation to be Held at **ELTHAM SWIMMING SCHOOL** on Sunday 19th May (Approx 5 pm (TBA))