



# SHORT COURSE CHAMPIONSHIPS



**SATURDAY 20th APRIL**  
**ENTRY 12.25 PM**  
**WARM UP 12.30 PM**  
**RACING COMMENCES 1 PM.**  
**APPROX FINISH TIME 2.45 PM**

At  
**ELTHAM SWIMMING SCHOOL**  
 1441 Main Rd  
 ELTHAM

**PARKING**

**PLEASE DO NOT ARRIVE BEFORE 12.25pm**, as learn to swim morning lessons will be just leaving

*If possible, can the number on cars be minimised*

- If extended family coming, can it be in one car
- Car pooling would be appreciated

## STRUCTURE OF THE PROGRAM

We are running 2 separate Championships in the one program

### CHAMPIONSHIPS 1. "Club"

Swimmers in these events are registered swimming club members, train in "club" only sessions with our coaches, and can enter external competitions.

They are eligible to swim in both State & National Championships. Some have their eyes on the 2032 Olympic in Brisbane

Sample - see "club" notation

Event 23 Girls 100 SC Meter IM Club					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 3 Finals Starts at 01:39 PM					
1	Cusack, Anna	10	Ess Dolphins	NT	___
2	Blair, Poppy	11	Ess Dolphins	NT	___
3	Sohi, Noor	11	Ess Dolphins	NT	___
4					___

Event 7 Girls 9-10 50 SC Meter Butterfly School					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 1 Finals Starts at 01:12 PM					
1	O'Doherty, Mila	10	Ess Dolphins	NT	___
2	Scuderi, Holly	10	Ess Dolphins	1:03.79	___
3	Allen, Ffion	10	Ess Dolphins	NT	___
4					___

Sample - see "school" notation

### CHAMPIONSHIPS 2. "school"

Swimmers in these events are from our Swimming School program, either "Learn to Swim", Pre squads, or Non Competitive Squads

# On the Day

## HELPERS

Please offer to help on the day. We will need timekeepers, and ribbon distributors

HAVE THE SWIMMERS READY

Swimmers need to know in advance their

- **EVENT NUMBER**
- **HEAT NUMBER**
- **LANE NUMBER**
- **STROKE**

We HIGHLY recommend writing this on the swimmers forearm, in this format

(Example for MILA would be)

**E7 H1 L1 Fly**

Event 7 Girls 9-10 50 SC Meter Butterfly School					
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 1 Finals Starts at 01:12 PM</b>					
1	O'Doherty, Mila	10	Ess Dolphins	NT	___
2	Scuderi, Holly	10	Ess Dolphins	1:03.79	___
3	Allen, Ffion	10	Ess Dolphins	NT	___
4					___

## SPECTATORS

We have a reasonable amount of seating, but consider bringing a folding chair. Marshalling area. Spectators will be restricted from sitting in the area adjacent to our pool steps. This will be reserved for Swimmers, and marshalling

Swimmers will not be allowed in any area of the pool when not swimming  
Please think about extra towels & warm wrap (Dressing gown?)

## SWIM CAPS & RIBBONS

Please collect your Cap & Participation Ribbon on the way in

We ask that all swimmers swim in their cap, as would be expected in any competition

See you aa at 12.25 pm