Fast Track protocols



OUR COVID SAFE PLAN & RULES

We have developed our plan to keep everyone safe

ENTRY & EXIT

We have a "Keep Left" entry. Entry will be through the rear viewing room. Exit ONLY through our front reception area (Please see diagram on Page 4)

NUMBERS IN THE POOLS

We can have a maximum of 50 children swimming in our main pool & 6 children in our small pool. We run approx 50% of these numbers

PARENTS / OR CAREGIVERS

A parent, whilst attending with one or more children, is counted as <u>One Entity</u> ie: Parent with 1 child = 1, parent with 2 children = 2 etc

We ask that only one adult accompany children from one family

REGISTERING

Families attending must sign in Our preference is to use our QR sign in (please see info on page 2 Alternatively, a written registration is required.

HEALTH DECLARATION

You must not attend if unwell, and / or you have been in contact with anyone who may have, or suspected of having Covid-19

SANITISE

Sanitise hands on Entry & Exit using our touchless sanitising units

MASKS

Have been reintroduces as mandatory. Please wear a mask (12 years+) unless exempt or in the water

PHYSICAL DISTANCE

Maintain a "Social Distance" of 1.5 metres where possible

CHANGE ROOMS

Our preference will be " Get in - Swim - Get out"

Change rooms are available for the use of toilets, or for a quick change before or after lessons.

Showers will be available however a max of 4 adults per change room, with physical distancing

SEATING

Please see our section on seating

Customer Health Declaration Contact Tracing App



Concerned about your Privacy

We have selected the above QR Application because of the following security rules

- Customer-uploaded data is hosted through Amazon Web Services in Dublin
- HTTPS Encryption on all data between the Podio service and the client web browser. Login without encryption is non-optional. Podio servers
 are firewalled and only those services which are required to be running are listening. Connections between servers are made using encrypted
 secure tunnels
- Podio employees do not access customer uploaded data in Podio without prior customer consent.
- No super-user account exists in the organization. All accounts are private to each individual user
- Read our privacy policy here: https://www.citrix.com/about/legal/privacy
- All data is backed up nightly and copied to another off-site location
- · Regular security audits are carried out by internal Citrix security team



COVID RULES

- Come prepared to swim.
- Bring your mask.
- Follow all verbal and signage instructions.
- · Sign your family in with our App or written registration.
- Have your temperature taken before entering.
- Stay away if you have symptoms, or have been in contact with any COVID-19 positive or suspected person or if you have been in a COVID-19 hotspot.

 Into our touchless hand sanitiser when entering.



- Wear facemasks when out of the water if 12 years or older (unless exempt).
- Maintain safe distancing as per signage.
- Follow our rules about change rooms etc.





· Into your swimming lessons.

- Go home immediately.
- Sanitise hands on leaving.



ENTRY - EXIT





BLUE

Lessons commencing at 8.30, 9.30 or 10.30 am or

YELLOW

Lessons commencing at 9, 10 or 11 am

Keep other colour chair free for occasional cleaning